



## Personal Protective Equipment

Personal Protective Equipment (PPE) is any type of clothing or equipment designed to assist to reduce exposure to a hazard within the workplace. If you have been instructed to wear PPE then it is required to be worn. Examples of some types of PPE are;

**High Visibility Clothing** (Hi Vis) – used to improve the sighting and spotting of workers within a workplace. It is efficient in poor lit areas and can assist operators of mobile plant equipment to see where other workers are located around them. Workers should not rely solely on PPE as a means to walk or work anywhere, you should always refer to the traffic management plan for additional safety measures.

**Steel Cap Boots (or safety boots)** – are designed to protect your feet from falling objects and / or crush injuries from equipment / loads.

**Hearing Protection** – used to prevent the onset of deafness within workplaces from excessive noise over time. Not all workplaces are defined as noisy workplaces so hearing protection on some worksites may not be mandatory. If your worksite is noisy, ensure you wear the correct hearing protection correctly.

**Eye Protection** – designed to stop the impact of debris or particles and is mainly found in manufacturing facilities or workplaces where small airborne particles that can cause irritation.

**Gloves** – designed to protect your hands against either cuts, lacerations, sharp objects or to protect against exposure from chemicals, excessive heat or cold objects and environments.

No matter what PPE requirement is for the site, if it is required or you have been instructed or trained to use, ensure it is:

- Undamaged,
- Not worn out or faded
- It is fit for the purpose intended

Anyone found not complying with PPE requirements for the site will be asked to leave. Lastly contact your supervisor or Coldstaff representative for any assistance.

Regards

**Coldstaff Management**